

# Exploration Permission Slip

DESTINATION: **WHEREVER LIFE TAKES YOU**

Dear Professionals:

Ready to embark on a journey of a lifetime? This permission slip grants you, \_\_\_\_\_  
Your Name  
the freedom to shamelessly explore new territories of your personal and professional lives.

## REMINDERS FOR EXPLORERS:

- **Stay Authentic:** Stay true to yourself throughout your explorations. Let your genuine interests and passions guide your decisions. Remember: No is a complete sentence.
- **Balanced Exploration:** Ensure a well-rounded life by dedicating time to new hobbies, passions, and activities that bring you joy. Remember: These shouldn't feel like work.
- **Practice Resilience & Patience:** Understand that growth takes time and setbacks are part of the journey. Remember: Give yourself permission to fail often, and fast.

## EMERGENCY INFORMATION

In case of emergency, contact your accountability buddies and mentors.

1.

\_\_\_\_\_  
Name Relationship to you

2.

\_\_\_\_\_  
Name Relationship to you

3.

\_\_\_\_\_  
Name Relationship to you

## CAREER STRATEGIST CONSENT

By signing this permission slip I, (Deja White) your career strategist, am giving you permission to quit anything that doesn't serve you and explore things that do.

Signature: Deja White



# MY FIELD TRIPS

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12. \_\_\_\_\_

